

Club Name	Which competition do you want to enter	First Name	Last Name	Mobile Phone Number	E-mail	Name (First Name)	Name (Last Name)	E-mail 2
Altrincham Kersal	Intermediate Cup	Letitia	Carr	(7709) 780333	akwrfc@hotmail.co.uk			
Ashfield RUFC	Intermediate Cup	Jo	Dawson	(07455) 347151	joannadawson64@gmail.com	Kat	Moss	k.moss@catenais.co.uk
Ashford RFC	Intermediate Cup	John	Heaver	(07979) 538770	honsec@ashfordrugby.co.uk	Paul	Wright	ashfordladiesrfc@gmail.com
Barnes Rfc	Intermediate Cup	Dave	Doonan	(0044) 07795165660	daviddoonan@btinternet.com	Christy	Pickering	christypickering@yahoo.co.uk
Barnsley RUFC	Intermediate Cup	Stuart	Bennett	(07710) 224143	ladies@barnsleyruffc.co.uk			
Beccehamian RFC	Intermediate Cup	Helen	Pooley	(07764) 934718	helenpooley1@btinternet.com	Sarah	Moorhouse	sarahmoorhouse@hotmail.com
Beckenham RFC	Intermediate Cup	Stephanie	Mills	(07875) 578669	beckenhamladiesrugby@hotmail.com			
Birkenhead Park	Intermediate Cup	Kayleigh	thompson	(07849) 592487	kayleigh.st@hotmail.co.uk	Ciare	grimster	clare_louise_grimster@live.co.uk
Birmingham Moseley RFC	Intermediate Cup	Karen	Reilly	(075) 19222796	bobbyo46@hotmail.com			
Bletchley Rugby Club	Intermediate Cup	Sian	Woods	(07745) 479258	siantelwoods@btinternet.com			
Buckingham Rugby Club	Intermediate Cup	Katie	Upton	(07729) 424728	katie.upton13@gmail.com			
Bury St Edmunds Ladies	Intermediate Cup	Natalie	Palmer	(07525) 761842	nataliejayne1410@yahoo.com			
Camp Hill RFC	Intermediate Cup	Karen	Gibbons	(07956) 170829	kp.atcamphill@btinternet.com	Kirsty	Davie	kirstydavie79@gmail.com
Canterbury RFC	Intermediate Cup	Emma	Alleyne	(07825) 260217	emmsalleyne@hotmail.com			
Chesham RFC	Intermediate Cup	Katie	Darvell	(07772) 595356	katiedarvell92@gmail.com			
Chipping Sodbury	Intermediate Cup	Jodie	Leonard	(07) 7846684845	jodie.leonard.94@hotmail.com	Katie	Summerville	katiesummerville@hotmail.co.uk
Crewe and Nantwich	Intermediate Cup	Deborah	Sayer	(07709) 001073	debssayer23@hotmail.co.uk			
Cuffley RFC	Intermediate Cup	Jade	Mitchell	(07834) 183425	ladies@cuffleyrugby.co.uk			
Cullompton RFC	Intermediate Cup	Amy	Alford	(44) 07766778048	amz202@hotmail.com	Graham	Beer	beercully@hotmail.co.uk
Darlington RFC	Intermediate Cup	Jess	Cheesman	(07801) 069263	jesscheesman@hotmail.com	Sarah	Hall	hall.sarah02@gmail.com
Derby RFC	Intermediate Cup	Katie	Peggs	(07415) 601566	katilouisepeggs@gmail.com	Chira	Roberts	chirarob@gmail.com
Devizes Rugby Football Club	Intermediate Cup	Ross	Paget	(07554) 513266	ross.paget@lineone.net			
Didsbury Toc H RFC	Intermediate Cup	Natalie	Dagnall	(07747) 737807	didsburytochladies@gmail.com			
Doncaster	Intermediate Cup	Gemma	French	(07738) 530173	GLFrench85@hotmail.com			
Drybrook	Intermediate Cup	Lucie	Smith	(07833) 678401	lucienjef1@btinternet.com			
East London rugby club	Intermediate Cup	Amanda	Farrow	(07) 07904020669	amandafarrow@hotmail.co.uk			
Ellingham & Ringwood	Intermediate Cup	Steve	Benson	(07702) 953500	stevebenson57@btinternet.com			
Five Ways Old Edwardians	Intermediate Cup	TRIONA	JOHNSTON	(074) 87745929	TRIONAJOHNSTON@GMAIL.COM			
Halifax rufc	Intermediate Cup	Sara	Mckendrick	(44) 07957371729	saramckendrick@icloud.com			
Hammersmith & Fulham Ladies	Intermediate Cup	Helen	Payne	(07779) 401827	hfrcladiesdirector@gmail.com	Ella	Hope	ellahope@hotmail.com
Harlequin Ladies	Intermediate Cup	Beena	Chadha	(07882) 419478	beenie1989@googlegmail.com	Kate	Goater	kategoater@hotmail.co.uk
Harwich and Dovercourt	Intermediate Cup	Kimberley	Hutchins	(44) 07961097337	kimberleysian@hotmail.co.uk			
Kendal rugby club	Intermediate Cup	Kerry	Stevens	(7714) 785664	ladiesrugby@kendalrugby.co.uk			
Kenilworth	Intermediate Cup	Sarah	Davies	(07415) 021725	skd6@hotmail.co.uk	Sarah	Munday	smunday.staff@sidneystringeracademy.org.uk
Lakenham Hewett	Intermediate Cup	Chloe	Travis	(07736) 316278	chloetravis@hotmail.com			
Lewes RFC	Intermediate Cup	Pip	Young	(0) 7766003895	philippa.young45@gmail.com	Sarah	Turner	sarah.turner83@hotmail.co.uk
Lutterworth RFC	Intermediate Cup	Emma	Bliss	(07934) 238033	e.bliss@hrbs.co.uk	Chloe	Richardson	chloericho23@gmail.com
Medway RFC	Intermediate Cup	Charlotte	Ward	(07834) 185769	charlyward@live.co.uk			
NewburyRFC	Intermediate Cup	Nicki	Gray	(07990) 528496	nickimg@btinternet.com	Joe	Harwood	harwoj@hotmail.co.uk
North Petherton	Intermediate Cup	Sam	England	(077341) 36616	sam.england28885@gmail.com			
Old Albanians RFC	Intermediate Cup	Kate	Barnes	(078) 41706250	oasaints@gmail.com			
Old Leamingtonians RFC	Intermediate Cup	Lorna	Holloway	(0044) 7813 592441	lornaholloway21@gmail.com	Jennifer	Vermeulen	js.vermeulen@yahoo.com
Old Northamptonians	Intermediate Cup	Lisa	Berry	(07752) 635681	lisaberry1@mail.com	laura	Wychgel	l.wychgel@hotmail.co.uk
Plymouth Albion	Intermediate Cup	Anna	Clooke	(07877) 681974	paladiesrfc@gmail.com			
Preston Grasshoppers	Intermediate Cup	Becky	Brown	(07392) 373788	bbeckybrown@yahoo.co.uk			
Reading RFC	Intermediate Cup	Rachel	Chidgey	(07812) 823303	rchidgey@hotmail.co.uk	Debbie	Cornish	debbiecornish@btpenworld.com
Romford and Gidea Park	Intermediate Cup	Fran	Mills	(07946) 873130	franjmills@aol.com			
Rosslyn Park	Intermediate Cup	Danielle	Williams	(077) 08529693	dlikw2@yahoo.com	Anja	Grant	anja.grant@yahoo.co.uk
Rugby Lions	Intermediate Cup	Gemma	Weddell	(07788) 951512	rugbylionesses@gmail.com			
Southport	Intermediate Cup	Mike	Dale	(0749) 3055091	mdizzle3720@gmail.com			
St Mary's Old Boys	Intermediate Cup	Kirsty	Fido	(07540) 356290	kirstyfido@rocketmail.com	Joanna	Smith	jo_smith14@hotmail.co.uk
St.Francis Rugby Football Club	Intermediate Cup	Anita	Morgan	(07834) 861147	anita.morgan69@yahoo.co.uk			
Streatham-Croydon RFC	Intermediate Cup	Sam	Collins	(077150) 601769	secretary@streatham-croydon.co.uk	Rhiannon	Kennedy	rkennedy700@gmail.com
Sunderland RFC	Intermediate Cup	Paul	Geehan	(7854) 07854978358	paul.geehan@gmail.com			
Supermarine RFC	Intermediate Cup	Claire	Chard	(07771) 798970	clairechard@gmail.com	Natalie	Williams	Natjwilliams@yahoo.co.uk
Sutton and Epsom Rugby Club	Intermediate Cup	Katie	Neilson	(07769) 270802	sandeladiesrfc@gmail.com			
Tabard RFC	Intermediate Cup	Laura-Jo	Pearce	(7793) 809586	laurajopearce@hotmail.com			
Wellingborough Rugby Club	Intermediate Cup	Elaine	Addy	(07764) 487234	elaine.addy@hotmail.co.uk	Karen	Stafford	wellingboroughladiesrfc@gmail.com
Windsor RFC	Intermediate Cup	Graham	Birch	(07836) 370561	windsor@boltonbirch.co.uk	John	Laing	w.laing234@btinternet.com
Witney RFC	Intermediate Cup	Stephanie	Harris	(07805) 400465	stephanieharris112@outlook.com	Claire	Mills	c_palmer134@yahoo.co.uk
Woodbridge Rugby Club	Intermediate Cup	Stacey	Robinson	(07725) 533079	robbonumber1@gmail.com			
Worthing Rugby Club	Intermediate Cup	Emma	Laverack	(07896) 316326	wrfcladies15@gmail.com			
Wymondham RFC	Intermediate Cup	William	Good	(01953) 607332	goodshay@hotmail.com			
York RI	Intermediate Cup	Fiona	Parr	(0044) 07532232287	fionalouise.parr@gmail.com			